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**E-paper Posted**

**online every Sunday**

www.chennaionline.com

# PILLAR TIMES

timeslocalnewspaper@gmail.com

www.chennaionline.com

8428182676

Vol.5 | No.36 | November 24 - November 30, 2019 | Sunday | Tamil & English Weekly | 8 Pages | Free Circulation

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**Mr. K. S. Ponmathi**, Principal bestowed with the Dr. Radhakrishnan Award by Shri K.A. Sengottaiyan, Hon'ble Education Minister, Government of Tamil Nadu.

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## கல்வி வாயில் தோறும் கன்னித்தமிழ் நிகழ்ச்சி

ஸ்ரீ கிருஷ்ணா ஸ்ரீ ஸ்ரீ நிறுவனமும் மாணவர் கம்பர் கழகமும் தொடர்ந்து நடத்திவரும் கல்வி வாயில் தோறும் கன்னித்தமிழ் என்கிற தொடர் நிகழ்ச்சியின் பதினோராவது நிகழ்ச்சி சென்னை, குன்றத்தூரில் உள்ள எஸ்.ஆர்.என்.எம் மெட்ரிக் மேல்நிலைப்பள்ளியில் நடைபெற்றது. இந்நிகழ்ச்சியில் தமிழும் இசையும் என்கிற தலைப்பில் சொற்பொழிவாற்றி ஆசிரியப்பணி செம்மல் என்கிற விருதினை பெற்று சிறப்பு செய்தார் முனைவர்.எஸ். திருமகன் அவர்கள்,அவருக்கு விருதினை வழங்கி வாழ்த்துரை வழங்கினார் பள்ளியின் தாளாளர் முனைவர் கோ.ராஜசேகரன் அவர்கள், அதைத் தொடர்ந்து புரவலர்.வை.தா.ர.மூர்த்தி அவர்கள்,பத்மா மோகன் அவர்கள் வாழ்த்துரை வழங்கினர். திருமதி. ரேகா மணி அவர்களின்



வரவேற்புரையுடன் தொடங்கிய நிகழ்ச்சி திரு.கோ.மணி அவர்களின் நன்றியுரையுடன் நிறைவுற்றது. இந்நிகழ்ச்சியில் சிலப்பதிகாரம் ஐம்பெரும் காப்பியங்கள் குறித்து ஐந்து மாணவர்கள் ஆற்றிய சொற்பொழிவு பார்வையாளரை கவர்ந்தது. அதைத்தொடர்ந்து கணித்தமிழ் என்கிற தலைப்பில் வில்லுப்பாட்டு நிகழ்ச்சியும் இன்னிசைத்தமிழ் என்கிற தலைப்பிலான நாட்டியமும் மிகச் சிறப்பாக நடைபெற்றது. இந்நிகழ்ச்சியில் முத்தாய்ப்பாக உரையாசிரியர் திரு பழ.பழனியப்பன் அவர்கள் கலந்துகொண்டு மேலும் சிறப்பு செய்தார்.

## "Thennadudaya Sivaney Potri" At RR Sabha On 30th November

Kanagasabai school of Bharathanatyam which is considered as a well established dance school at Mylapore, Chennai have performed in various Sabhas and temples in India and abroad known for their quality ,standards and have been well appreciated.

Kanagasabai will be presenting "Thennadudaya Sivane Potri", a thematic dance production directed by Smt.

Sasirekha Raammohan on 30.11.2019 at R. R. Sabha (Mini Hall), Mylapore, Chennai at 7.30 PM under the auspices of G. Narayana Sharma Trust.

"Thennadudaya Sivane Potri" transports the viewers across the landscape of Tamil Nadu to temples - Atta Veeratta Sthalas dedicated to Lord Shiva in his terrific form as the destroyer of everything evil. All Are Welcome.

s.shivpprasadh@gmail.com

## TwinTech Healthcare Academy`s Healthcare Conference



Over 200 Healthcare Professionals like Doctors, Nurses, Counselors, Chaplains, Medical Students, Social Workers / Social Work Students from Various healthcare institutions attended the conference on Pain Management & Palliative Care Advances in collaboration with RMD Palliative Care Centre on 18th November 2019 organized by TwinTech Healthcare Academy & RMD Palliative Care Trust Chennai.

CME Credit hours for the delegates also awarded from Tamilnadu Medical Council and The Tamilnadu Dr MGR Medical University.

This seminar was inaugurated by Tamilnadu palliative care society President Dr.T. Mohana Sundaram with

Palliative care physicians like Dr.Subathra Muthukumaran, Dr. Julius Scott, Dr Kalpana Balakrishnan - HOD, Anesthesia. Cancer Institute at Cancer Institute Adyar, Chennai and Dr G Kumaramanickavel - Medical Director & Head of Center for Medical Genetics, Chennai and Mr A Mahalingam - Managing Director and Prof Ramakrishnan of TwinTech Healthcare Academy.

Experts in Palliative care were presented on Palliative Care in ICUs, Overview on Pain Management And Palliative Care, Concept of Palliative Care and Total Pain, Psychosocial aspects and supportive care, Paediatric Oncology - What's different, Advances in pain management,

Management of Symptoms other than pain: What's new, Importance of Genetic Counseling In Oncology.

Messages received from Hon'ble Governor of Tamilnadu Shri. Banwarilal Purohit , Dr V.Shanta - Chairman - Cancer Institute (WIA) and Manipal University's Vice President Dr K Ramnarayan were readout by organizing Chairman and Director of twinTech Academy Mr A Mahalingam.

**Message from Governor:** Palliative care is emerging as a key branch of healthcare although it still has not received its due importance. I am sure that this niche conference will enlighten and educate healthcare professionals in dispensing specialized care to the aged and inculcate the human values of love, care and concern for the aged. I congratulate the organizers for focusing on a very humanitarian branch of healthcare, namely 'Palliative Care' and wish all the participating delegates and wish the seminar all success.

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## "Actor Mr.Ajith Is A Most Unassuming Personality"



**R**ajamansingh who is acting in Social, Historical, Mythology stage plays for the last five years recently got a boost in his career with a Godsent opportunity for him to act in Mr. Ajith starred "Ner Kondaparvai." He says Mr. Ajith is a down to Earth person who is most unassuming in nature and free to interact.

His first shoot was at Hyderabad's Ramoji Rao Film city being the climax court sequence and thereafter in a bungalow in outskirts of Hyderabad depicting the house of

artist Mr. JP who had acted as a Politician in that film.

Later he had dubbed his dialogues in his own voice having earlier lent his voice for serials like Shirdi Sai Baba, Jai Hanuman and for some audio books like Kadal Pura, Naan Krishna Devarayan, Maha Periyava to name a few.

He was previously working as Assistant Director from the Collegiate Education Department, Government of Tamil Nadu and retired recently and wishes to fully concentrate in acting in dramas, TV serials and films.

[s.shivpprasadh@gmail.com](mailto:s.shivpprasadh@gmail.com)

# Girijashankar Sundaresan's Soulful Concert At RR Sabha



**Y**oung talented carnatic musician Shri Girijashankar Sundaresan disciple of Legendary chitravina Sri. Narasimhan and Chitravina Sri. Ravikiran presented a soulful concert for RR Sabha on 9th November.

He began with 2 tamil kritis Siddhivinayaga Arulpurivai in Nattai and the ever lingering papanasam Sivan composition chittham irangadha in sahana.

Next piece was a Thiagarajar composition, Sadha mathim in raga Gambeeravani. An elaborate aalapana with perfect nuances and intricacies in Pantuvarali led to the kriti Naradhamuni with an impeccable support by the young violinist Kum. Deepika Venkatraman both in the aalapana, neravals and swarams. The Navarasa Kanada, Naan oru vilayattu Bommaiya

another composition by Papanasam Sivan was scintillating which was followed by the main piece raga aalapana in Keeravani. The kriti kalikiyunte of Thiagarajar was presented with aesthism with exuberant neravals and kalpanaswarams which proved his vidwath. A brief vibrant thani by the Mridangist Sri. Vijay Natesan was adorable. A soul stirring Dwijavanthi with the

viruttham kadalagi kasindhu was followed by the kriti Engunaan selven ayya, a composition of Thooran. The fast paced chelinenitlu in raga paras was rendered with a unique style. The fitting concert which was mellifluous with a matured toned voice concluded with a Thillana in raga Vaasanthi, composed by the legendary Lalgudi Sri. G. Jayaraman concludes

[s.shivpprasadh@gmail.com](mailto:s.shivpprasadh@gmail.com)

## Shivpprasadh Honoured By Mumbai Shanmukhananda Sabha Secys.



**O**N Sunday 17th November and on Monday 18th November Creative Head S. Shivpprasadh's Nataka Kavalur Chemmal R.S. Manohar's NXGS proudly presented R.S. Manohar's revived blockbusters Chanakya Sabadham and Dhronar written by Madurai Thirumaran at the one and only Mumbai Sri Shanmukhananda Chandrasekharendra Saraswathi Double Balcony Auditorium that has a seating capacity of over 3,500 persons for Sri Shanmukhananda Fine Arts & Sangeetha Sabha

in which S. Shivpprasadh enacted in the title roles as Chanakya and as Dhronar by slipping into his beloved uncle R.S. MANOHAR's shoes who had acted as Chanakya 726 times and as Dhronar 371 times during his lifetime.

Prior to staging of Chanakya Sabadham S. Shivpprasadh was Honoured with a grand Ponnadai by Sabha Secretaries Mr. S. R. Veeraraghavan, Dr. V. Rangaraj in the August presence of Mr. Raghu and thousands of Mumbai drama rasikas.

Only these two Historical and Mythology dramas were

staged by them during their Annual concluded Drama Festival amidst jam-packed drama rasikas who gave spontaneous thunderous applause for every deserving dialogue delivery, trick shots and captivating situations that boosted the Morale of the performers.

In short this drama troupe have conquered the hearts of Mumbai drama rasikas by aptly filling up the Vacuum created by Mr. R. S. Manohar's passing away in 2006 by staging exactly 60 years after R. S. Manohar's very first staging of his plays for this very same Sabha but then in their open air auditorium in 1959.

## Dr. V. Rangaraj, Mr. S. R. Veeraraghavan Honoured

**U**nder the able and efficient Presidentship of Dr. V. Shankar, Secretaries of Mumbai Sri Shanmukhananda Fine Arts & Sangeetha Sabha Dr. V. Rangaraj and Mr. S. R. Veeraraghavan had superbly and meticulously extended their best hospitality possible to 50 strong drama troupe members of Nataka Kavalur Chemmal R. S. Manohar's NXGS during their official stay at their Guest house at Mumbai both prior and post staging of their plays with the able support and prompt, timely assistance of Mr. Raghu.

Special Kudos to Mr. Shyam Sundar Narayan for having judiciously provided in a jiffy whatever infrastructural facilities they needed so as to enable them to exhibit over 25 back stage drops of theirs that they had carried along with them to Mumbai for staging their Historical Play Chanakya Sabadham and Mythology Play Dhronar.

As a token of their



appreciation and as a kind gesture as head of Nataka Kavalur, Chemmal R. S. Manohar's NXGS troupe S. Shivpprasadh had honoured both the Secretaries of Mumbai Shanmukhananda Sabha Dr. V. Rangaraj and Mr. S. R. Veeraraghavan with a Ponnadai and a Memento.



## “FESTIVAL OF LAMPS”

(An Exclusive Exhibition cum sale of Traditional Brass Lamps)

The Tamilnadu Handicrafts Development Corporation Limited, Popularly known as POOMPUHAR, a Government of Tamilnadu Undertaking is celebrating Karthigai Deepam festival with an exhibition cum sale of Traditional Lamps of various crafts. The “Festival of Lamps” will be from **15.11.2019 to 10.12.2019** between 10.00 a.m. and 8.00 p.m at Poompuhar Sales Showroom, Chennai.

In this Festival of lamps exhibition, variety of lamps viz. soap stone, teracotta, clay etc., are displayed. Special lamps made by brass Vinayagar Vilakku, Annam Lamp, Lakshmi Lamp, Astalakshmi Lamp, Prabai Lamp, Vasamalai Lamp, Pavai Lamp, Seven Steps Lamp, Three Steps Lamp (Guru Deepam), Kodi Lamp, Pothigai Lamp, Vithya Viyabara



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## ISHA YOGA PROGRAM WITH SADHGURU

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Pre-registration is mandatory.

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## STEM EXPO- 2019 held at Velammal



The IIT foundation of class VI - VIII of Velammal Main School, Mogappair campus organised STEM EXPO 2019 in the school campus on 23rd November 2019. The budding scientist exhibited many projects. There were around 200 exhibits on various concepts in science, engineering, Technology and mathematics. The expo was organised with a view to encourage and inculcate scientific temper among students. The Guest of Honour, Ms. Paul T Sheeba, Assistant Professor, Kings Engineering College, took keen interest in viewing the exhibits and interacted with the students who exuded confidence while explaining the projects that were on display.

This exhibition was opened for parents. A large number of parents who witnessed the mega expo enjoyed and appreciated the projects on display. It was a huge success.

The STEM EXPO 2019 has created a vision to enable the students to scale new heights in innovating projects in science and technology.

# HAPPY SCHOOL PROJECT

Rotary Club of Madras Central has successfully completed Happy School project in Government Girls Higher Secondary School, Ashok Nagar. Massive upgrades in school infrastructure were done with a budget closer to Rs.30,00,000 (30 Lakhs), making it beneficial to almost 4,000 students studying in the school from 6th std to 12th std.

Happy School project Inaugurated at the school by Rtn.G.Chandramohan (Rotary District Governor, RI Dist 3232) in the presence of Director of School Education – Dr.S.Kannappan and Chief Education Officer, Chennai – Dr.S.Anitha and Headmistress of the school Ms.R.C.Saraswathi.

The entire project cost is Sponsored by Meridian Global Ventures Private Ltd and Usha Vinod Saraogi Foundation. Project is executed under the leadership of Rtn. Vinod Saraogi, Chief Donor & Project Coordinator; Rtn.K.P.Shrikumar, Director-Community Services (Development); supported by Rtn.Sanjay Dhurka (President) & Rtn.S.R.Balakrishnan (Secretary) of Rotary Club of Madras Central.

Dr.S.Kannappan, Director of School Education -Tamilnadu, in his speech said “Govt. Girls HSS Ashok Nagar, Chennai 83 is one of the best ranked school among 27 government higher secondary schools in Chennai. Rotary has done massive changes in the infrastructure of auditoriums and buildings and it is going help 4000 girl students in the school. I feel happy that Rotary Club of Madras Central



is continuously supporting this school in this manner”

Dr.A.Anitha, Chief Education Officer Chennai District in her speech said “Very glad to see NGOs such as Rotary helping various Schools in the city, very beneficial to students & teachers a like creating better facilities for teaching and the efforts are highly appreciated.”

Ms.R.C.Saraswathi, Headmistress of Govt. Girls HSS, Ashok Nagar said in her speech

“We are thankful for Rotary Club of Madras Central for the revamping entire Front – Auditorium, renovation of RO Water plant, Borewell cleaning, Basket ball fencing, Toilet fencings and total flooring in 7 classrooms in 8 standard division and total flooring of 6th Standard building (Rajendran block), 14 rainwater harvest facilities and more. We are happy to share that RC Madras Central has taken care of school repairs and needs for the next 5 years. It is very encouraging to see

children who are going to make our country proud”.

Happy School Project @ Govt Girls HSS, Ashok Nagar – Highlights:

- Total renovation of School Auditorium which was abandoned due to complete damage during Chennai floods, now has been renovated with new flooring with tiles, windows, stage, all electricals such as wiring & equipment were changed, air-conditioners & public address system were newly installed.

- Classrooms with damaged flooring were repaired

- Entire passage and corridor flooring with levelling issues were redone with new tiles in two buildings.

- Two (2) borewells and one (1) Reverse Osmosis water plant were newly installed

- Twelve (12) water harvesting tanks were built, which also addressed the water logging problems in the school.

- Areas behind the buildings once used to dump garbage were cleaned so as to make it healthy surroundings.

- Three (3) toilet blocks with security issues were modified with complete fencing and made it secured for the girls.

- Cracks in the buildings were repaired.

- Complete water-proofing done for the Headmistress' office.

- Installed Free sanitary pad facility and bins for safe disposal

- In addition to all infrastructure needs, Rotary Club of Madras Central trained girls on Menstrual hygiene; a lady member from the Club conducts weekly Spoken English classes at this school.

Rotary helps us in big way and we expect continuous support like this to make this as a model school/ No.1 government school in city”

In the speech, Rotary Dist Governor Rtn.G.Chandramohan said “Rotary strives hard year on year reaching many government run school and cater to their request on infrastructure development, safety and hygiene requirements and training requirements. Rotary district 3232, Chennai is very keen that development of school & facilities to encourage learning is our utmost importance. We will do our best in the days to come and he congratulated Rotary Club of Madras Central for providing the best development in the school”

Rtn.Vinod Saraogi, Chief Donor & Director Community Services, Rotary Club of Madras Central said “I am very happy to sponsor from Meridian Global Ventures and Usha Vinod Saraogi Foundation for building a brightful





## டெங்கு தடுப்பு விழிப்புணர்வு முகாம்

பொன்னேரி, நவ.20, கொக்குமேடு வித்யா மந்திர் மெட்ரிக் மேல்நிலைப் பள்ளியில் டெங்கு காய்ச்சல், விழிப்புணர்வு முகாம் புதன்கிமை நடைபெற்றது. முகாமில், சென்னை லோக ஷேம சனாதன தர்ம பரிபாலன பாரம்பரிய அருள்ஜோதி சித்த வைத்தியசாலை அறக்கட்டளையின் தலைவர் சுந்தரம் பங்கேற்று, ஆயிரம் மாணவ, மாணவியர், ஆசிரியர்கள், பொதுமக்களுக்கு நிலவேம்புக் குடிநீர் வழங்கப்பட்டது. அத்துடன், டெங்கு காய்ச்சல் பரவாமல் தடுப்பது குறித்த, விழிப்புணர்வு துண்டுப் பிரசுரங்கள் மாணவர்கள் மற்றும் பொதுமக்களுக்கு வழங்கப்பட்டன.



Contact :  
**LSSDP TRUST OFFICE,**  
No.1, Vinayagam st,  
westmambalam,  
Chennai -600 033.  
Ph: 044-48655272, 9150579678.  
www.lssdptrust.com

## Velammal's Child prodigy attempts Guinness Record

Velammal Vidyalaya (Annexure), Mel Ayanambakkam campus felicitated the ingenious, 6 year old Rubik's cube star Miss **C. SARAH** of class I solved the Rubik's cube with her phenomenal twists & turns.

The dexterous Velammalian also recited the verses of the legendary poet & lyricist Vairamuthu simultaneously when she proved her skills blindfolded and set a benchmark of solving it in less than 3 minutes. The world's youngest genius successfully attempted to claim the



title with her maiden venture in to Guinness Book of World Records, Universal Achievers Book of Records, Future Kalam's Book of records and Tamilnadu Cube Association Records.

The felicitation

ceremony took place on 22.11.19 ( Friday) in the august presence of the adroit south Indian actress & former newsreader Smt. Fathima Babu. The ceremony inspired every Velammalian to tap their hidden potential.

## YOGA FOR MODERN WORLD

Yoga is a dance between control and surrender; between pushing and letting go, and when to push and when to let go becomes a part of the creative process, part of exploring your presence.

Yoga is the union of body and breath, breath and mind, mind and soul, soul and spiritual. Yoga is one of the pathways to attain spiritual goal. Body is the vehicle of the soul. For healthy soul, Healthy and fit body is mandatory. Yoga helps for the fitness and disease-free body.

Asana, Pranayama and Dhyana are the parts of yoga. In this

contemporary world people find it difficult to spend time for their own well-being. Why care so much about the money in hand with the time that you don't, it gets so hard that you forget to care about yourself! So, our goal of the birth become questionable.

Our goal is "SELF REALISATION" which means "Who am I?", "what is the purpose of birth?", "what is soul?", "What is self?". The answer to all is practicing yoga. Asana leads to pranayama, Pranayama leads to Dhyana, Dhyana leads to self-realization.

Our body is made up of PANCHA BHOODAS (five

Elements). They are Fire, Earth, Air, Water and Space. Yoga helps to work on all these elements to keep the body, mind and soul in balance, which is the foundation of the disease-free body. That becomes the priority for self-realization.

Yoga guru leads us from dark to light. As human constitution differs, yoga practice must be preached and implemented accordingly. How does yoga serve in curative and preventive ways? Answer for these questions will be followed in next issue.

**G.VIJAYAPRIYA**  
(yoga Acharya)

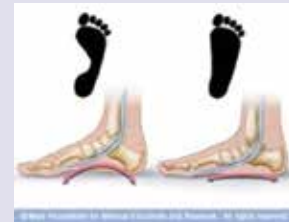
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## Ankle Pain, Heel pain?

### A permanent solution by New Combined Therapy

Our foot contains 2 longitudinal arches and 2 transverse arches (the arrangement of the bones make this arches) which distribute body weight evenly throughout our foot.

Due to overweight and continuous standing the muscles and ligaments which maintain this arch get stretched and it losses its elasticity thus these arches get flattened and body weight is borne by the ankle directly causing pain in ankle. Today's less walking, using two wheeler, lifts etc... decrease the exercise to the ankle joint and make them weak and this weak ankle will give way to many diseases like arthritis of ankle joint, ankle sprains. And the ankle joint become swollen, red, painful and warm, because of the pain we tend to immobilize the joint, gradually the joint



become stiff and there is deposition of osteophytes (calcium).

This may permanently affect the movement of the joint. Heel pain can also be caused due to flat foot. Muscles that maintain the arch are attached to the heel bone (calcaneum) when the muscles which maintain the arch of foot get weakened, minor muscle tear occur at the point of attachment to the heel bone.

To correct this tear extra calcium gets deposited at the point of tear leading to spur formation (calcaneal spur). This spur formation causes local inflammation of the

plantar fascia (membrane like structure) and create persistent heel pain.

**New combined therapy:** Homeopathy medicines like Arnica, Rhus Tox are very effective for above problems. In physiotherapy electromagnetic wave from shortwave diathermy increase blood circulation and vibration from the ultra-sound machines removes the excessive unwanted calcium from the joint. Proper arch supports are prescribed and arch maintenance exercise (intrinsic muscles) and ankle strengthening exercise should be given to all persons with defective arch and ankle pain.

Courtesy :  
Satthyhomeo-Physio-centre  
www.ayyopain.com.  
ph no-9841385448,  
9445375217

## ஸ்ரீ கிருஷ்ணா ஸ்வீட்ஸ் சிரிப்பு வருது சிரிப்பு வருது சிரிப்பு வருது நிகழ்ச்சி

ஸ்ரீ கிருஷ்ணா ஸ்வீட்ஸ் மற்றும் திரு நகர் நகைச்சுவை மன்றத்தின் சிரிப்பு வருது சிரிப்பு வருது நிகழ்ச்சி சிறப்பாக நடந்தேறியது, அங்கத்தினர்கள் அனைவரும் வந்து இருந்து நிகழ்ச்சியை மிக நல்ல முறையில் நடத்திக் கொடுத்தார். டாக்டர் S. சேகர், நிறுவனர், (T.Nagar Humour Club) அவர்கள் நிகழ்ச்சியை துவக்கிவைத்து உரையாற்றினார். திரு. நாகா, சிறப்பு விருந்தினராக வந்திருந்த அனைவரையும் மகிழ்வித்தார்.

அரங்கம் முழுவதும் சிரித்து கரவொலி எழுப்பியவண்ணம் இருந்தது, அனைவருக்கும் நன்றி.

பங்கேற்ற அனைவரும் அவரவர்கள் வாழ்வில் நடந்த சுவையான அனுபவங்களை பகிர்ந்து கொண்டது மிக அருமை.

விழாவின் முடிவில் வந்திருந்த அனைவருக்கும், ஸ்ரீ கிருஷ்ணா ஸ்வீட்ஸ் அவர்கள் இனிப்பு மற்றும் காரம்

வழங்கி அனைவரையும் மகிழ்வித்தனர்.

ஸ்ரீ கிருஷ்ணா ஸ்வீட்ஸ் உரிமையாளர் திரு முரளி அவர்களுக்கு அனைவரின் சார்பாக திரு. சேகர் அவர்கள் நன்றியைத் தெரிவித்துக்கொண்டார்



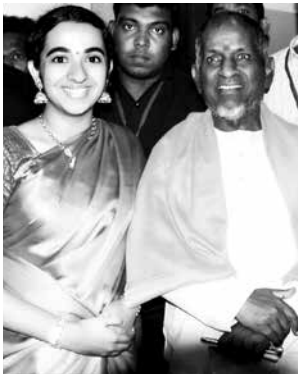
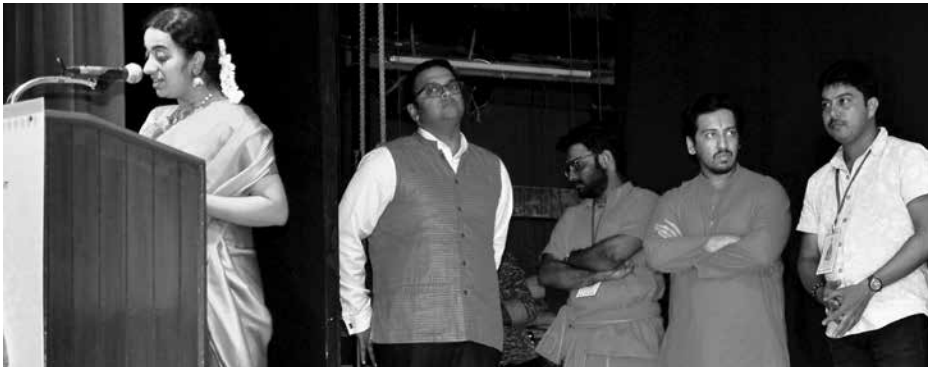
## *S.Sruuthi's Set Designs, Stage Performance, Drama, Ayyappa Songs Dedicated To Year Long Maha Guruswamy Shri M.N.Nambiar's Birth Centenary Celebrations*

While "Hamsadhwani" was the very first and foremost Chennai Sabha to have painstakingly come forward, taken the prompt, timely, meticulous, voluntary, conscientious initiative under its Secretaryship Mr.Sundar Ramachandran to stage Creative head S.Shivprasadh's Nataka Kavalar Chemmal R.S.Manohar's NXGS' Mythology Play titled "DHONAR" (Stage Scene Sets designed by S.SRUUTHI) in Commemoration of Maha Guruswamy Shri M.N.Nambiar's Birth Centenary Year on his Birthday EVE wherein Veteran artistes Sowcar Janaki,Sachu, Veteran Directors S.P.Muthuraman, P.Vasu, Sidharth Nambiar, Manikantan were the Chief Guest and Guests of Honour they had paid rich Tributes to Shri M.N.Nambiar.

The same was closely and religiously followed by Chromepet Cultural Academy under its then Joint Secretaryship Mr.R.Nagarajan who had staged S.Shivprasadh's Social Play titled MANASAATCHI in which S.Sruuthi did a prime role wherein Popular actor K. Bhagyaraj, actress Venniradai Nirmala, Film Historian and film Producer Dhananjayan, Mr.Mohan Nambiar, Sidharth Nambiar, K. P. Arivandham, Manikantan were the Chief Guest and Guests of Honour they had richly highlighted the great stalwart's achievements.

Thirdly "Kalai Ilamani" S.Sruuthi's Naatya Naadha Nataka Sangamam (Youngest Tamil Drama producer) had staged "MANIDHAM PUNIDHAM" as their inaugural play at Narada Gana Sabha dedicated to Shri M.N.Nambiar during his Birth Centenary Year under the Auspices of Kartik Fine Arts.

While the first two Celebrations started with Ayappan Bhajans with Manikantan Swamy leading Shri M.N.Nambiar Sabari Malai Bhajan group the third started with S.Sruuthi's solo song in praise of Lord Ayappan after her



highlighting gloriously on Maha Guruswamy Shri M.N.Nambiar.

Fourthly upon S.Sruuthi's humble Request Hon'ble Governor Of Tamil Nadu Shri Banwarilal Purohit was kind enough to release her solo sung song album in praise of Lord Ayappa titled "THATHUVA DHARISANAM" dedicated to Shri M.N.Nambiar at Raj Bhavan. After Hon'ble Governor heard S.Sruuthi sing two songs in praise of Lord Ayyappa exclusively in his presence he had presented S.Sruuthi a replica of Thanjavur's World famous Brihadheeswarar temple as a memento.

On Tuesday 19th November at 6 PM at Music Academy on the cordial invitation extended by Guruswamy Mohan Nambiar and Sidharth Sukumar Nambiar the hall was jam-packed with Ayyappa Devotees, film,TV,Drama artistes, members of 24 arts & Crafts ,friends,relatives and well wishers of Shri M.N.Nambiar's beloved family.

S.Sruuthi as EMCEE after her initial chanting of "SWAMIYE SARANAM AYYAPPA" While introducing herself as beloved grand daughter of Nataka Kavalar Thiru R.S.Manohar amidst instant applause she wholeheartedly welcomed the gathering.Further she revealed that both her beloved grand father Late Mr.R.S.Manohar and her father Mr.S.Shivprasadh were fortunate to have



been to Sabari Hills for several years under Maha Guruswamy M.N.Nambiar and it would be apt to start the programme by first proficiating at the Lotus feet of Maha Guruswamy Shri M.N.Nambiar. Thereafter Bhajans by Mr.Veeramani Raju commenced.

Next S.Sruuthi welcomed Maha Guruswamy's second son and present Guruswamy who is annually heading this very same group of Ayyappa Devotees to Sabari Hills Shri Mohan Nambiar to come on to the stage.

She then requested Mr.Mohan Nambiar to Honour Kalaimamani Mr.Veeramani Raju who had by his enchanting voice had taken all Music Rasikas on a pilgrimage to Sabari Hills.

Subsequently S.Sruuthi requested Maha Guruswamy Shri M.N.Nambiar's grandson and son of Late Mr.Sukumar Nambiar, Mr.Sidharth Sukumar Nambiar to deliver his welcome address. Thereafter she requested Smt.Bharathi Bhaskar a veteran orator in Patti Manrams on wide variety of topics famously seen by viewers in different TV Channels and a very good talented writer to deliver her key note address. After Mrs. Bharathi Bhaskar's speech in close continuation to S.Sruuthi's announcement a Documentary on Maha Guruswamy was screened and after the screening ,the talented personalities behind the production of the documentary were called on to the stage by S.Sruuthi and Honoured.For the authentic story board



the Permanent Poojari of Shri M.N.Nambiar's family for several decades Mr.Manikantan,Editor Cum Director Mr. Subaarak, Music backgroundscore Mr.Prithvi were Honoured by senior swamies of this Ayyappan Pilgrimage group whose names were called by S.Sruuthi to come on to the stage like Mr. Azhaguraja, Mr.Sathappan and Director Mr.Devadass.

S.Sruuthi welcomed both the Chief Guest Isai Gnani Maestro Shri Ilaiyaraaja and Guest Of Honour Mr.K.Vijay Kumar IPS to come on to the stage.

While welcoming Mr.Ilaiyaraaja, S.Sruuthi had said that the Maestro who had always considered Maha Guruswamy Shri M.N.Nambiar as his Guru would always make it a point to annually provide his Guest house enroute to Sabari Hills at Koodaloor near Kambam for Maha Guruswamy and his group of Ayyappa devotees to stay while Maestro Isai Gnani would stay at Mahaguruswamy's guesthouse at Sabari Hills.S.Sruuthi then requested Mr.Mohan Nambiar to Honour Isai Gnani Mr.Ilaiyaraaja who had in 1993 at a grand mammoth Ayyappa Mela created superb records by himself penning and composing songs on Lord Ayappa as "Kalai Ullaha Innisai Veyndhar."

S. Sruuthi highlighted Guest Of Honour DGP (Retd.)Mr.K.Vijay Kumar IPS as a person very strikingly similar to Mahaguruswamy both



in Honesty and Integrity who had been to Sabari Hills several times under Maha Guruswamy as a staunch Ayappa Devotee and sandalwood smuggler " V E E R A P P A N A I E V E E Z H T H I Y A VITHAHAR". The audience were also informed that he was also the former Advisor to the Governor of Kashmir and Chattisgarh. She then requested Mr.Mohan Nambiar to Honour Mr.K.Vijay Kumar IPS.

S.Sruuthi then requested Maha Guruswamy's grandson and Mr.Mohan Nambiar's beloved son Mr.Preetham Nambiar and Sidharth Nambiar to come on to the stage.S. Sruuthi then revealed that the most important crucial part of the function was going to take place.She requested Maestro Isai Gnani Mr.Ilaiyaraaja to release the documentary DVD copy on the Life of Maha Guruswamy Shri M.N.Nambiar that all had just then witnessed and seen with Guest Of Honour DGP ( Retd.) K.Vijay Kumar IPS receiving the first copy.

Shri M.N.Nambiar's close friends namely families of Shivram Swamy,Mr. Ramu ,Dr.K.Jagadeesan,Mr.MGR, Mr.Sivaji Ganesan,Dr. Rajkumar,Mr.Pitambaram were honoured.Director P.Vasu, Mr.Rangaraj Pandey, DGP (Retd.) Mr.K.Vijay Kumar IPS, Maestro Isaignani Ilaiyaraaja presented their speech. Guruswamy Mohan Nambiar proposed the vote of thanks and the programme concluded with Mr.Veeramani Raju singing "Harivarasanam."

S.Sruuthi was immensely praised for her pivotal role as an EMCEE by Dr.Kamala Selvaraj,Veteran artiste Kanchana, Isai Gnani Shri Ilaiyaraaja to name a few.S.Sruuthi profusely thanked Mr.Mohan Nambiar for having given her this golden opportunity to conduct the proceedings of this function as it's EMCEE considering and carrying forward the long standing relationship and friendship between Maha Guruswamy Shri M.N.Nambiar and her beloved grand father Shri R.S.Manohar.

### **DRAMATIST R.NADANA SABAPATHY HONOURED**



**Dramatist Mr.R.Nadana Sabapathy who is very active in this field for over three decades was recently honoured by RR Sabha Secretary Mr. Sankara Nagarajan in the August presence of Mr. T.V.Varadharajen and his troupe members.**



## DEIVATHIN KURAL

srikrishnasweets.



Sri Krishna Sweets and Sri Krishna Gana Sabha has organized Deivathin Kural programme in Sri Krishna Gana Sabha on 13.11.19 & 14.11.19 in which Sri Ganesa Sarma spoke about Kanchi Maha Periyava.

## FREE DENTAL CAMP



Sri Krishna Sweets jointly with Baskar Dental Foundation organised 'Endrum Anbudan'a free dental camp was organised in Sri RKM Boys Matriculation Hr. Sec. School, T.Nagar. About 78 were benefitted from the camp.

## FREE EYE CAMP



Sri Krishna Sweets jointly with Sight Care Foundation organised 'Endrum Anbudan' a free eye camp organised in Sivan Kovil, Koyambedu. About 81 people attended this camp and 21 reading glasses were given free to the needy people.

## Isaikaviyai Kelungal

Sri Krishna Sweets and Bharathiya Vidya Bhavan has organised Isaikaviyai Kelungal programme in Bharathiya Vidya Bhavan, Mylapore. Sri Isaikavi Ramanan and Smt. Malathi Thiagarajan has spoken about the Music in this programme.

## KAVITHAI INBAM THRABHARATHI

Sri Krishna Sweets, Bharathiya Vidya Bhavan & Uravu Surangam has organized Kavithai Imayam Thara Bharathi programme in Bharathiya Vidya Bhavan, Mylapore. Programme was

Chief Guest for this programme was organised by Dr. Prof. Ulaganayagi Palani.

## Arkay Convention Center's Ninth Anniversary Series.

On 22nd November 2019 Friday between 4.00 PM to 5.30 PM Mangala Isai was played on the Nadhaswaram by Mambalam Sivakumar and Party.

Between 5.30 to 6.20 PM the festival was inaugurated by Sangeetha Kalanidhi Dr. Sudha Raghunathan, Guru. Sri Neyveli Santhanagopalan & Prof. S. Swaminathan.

On 24-Nov-19, Sunday, 10.15am - 12.15pm.

"One thousand Years of Music and Dance in Chennai" A talk by Dr. R Nagaswamy, J B Keerthana and party Vocal and Aryamba Sriram Dance.

4.30-6.20pm, Spoorthi Rao Vocal, R Samyuktha Violin, Kishore Ramesh Mridangam, Sunil Kumar Kanjira. 6.30-8.45pm, S Saketharaman Vocal, L Ramakrishnan Violin, Neyveli Narayanan Mridangam, V Suresh Ghatam 25-Nov-19

Monday, 4.30-6.20pm, V Venkatanagarajan Vocal, Karai Venkatasubramaniam Violin, Kumbakonam Swaminathan Mridangam, G Venkataramanan Kanjira.

6.30-8.45pm, S Varadharajan Violin Solo, Dr. T V Gopalakrishnan Mridangam, Tirupanithura Radhakrishnan Ghatam.

26-Nov-19 Tuesday, 4.30-6.20pm, Sunil Gargean Vocal, Vittal Rangan Violin, M S Venkatasubramaniam Mridangam, Chandrasekar Sharma Ghatam. 6.30-8.45pm, Gayatri Girish Vocal, B Ananthakrishnan Violin, Sherthalai R Ananthakrishnan Mridangam, Trichy Murali Ghatam.

27-Nov-19 Wednesday, 4.30-6.20pm, Kirthika Natarajan Vocal, Shreya Devnath Violin, Praveen Sparsh Mridangam. 6.30-8.45pm, Sandeep Narayan Vocal, Delhi Sunder Rajan



Violin, Mannargudi Eswaran Mridangam, Sunil Kumar Kanjira. 28-Nov-19 Thursday, 4.30-6.20pm, Heramb and Hemanth Flute, M Vijay Violin, Guru Raghavendra Mridangam, Nerkunam Sankar Kanjira. 6.30-8.45pm, Sriranjani Santhanagopalan Vocal, L Ramakrishnan Violin, K H Vineeth Mridangam

Anirudh Athreya Kanjira. 29-Nov-19 Friday, 4.30-6.20pm, Ananya Ashok Vocal, Sayee Rakshit Violin, Akshayram Mridangam. 6.30-8.45pm, K Bharat Sundar Vocal, S Varadharajan Violin, Srimushnam Rajarao

Mridangam, S V Ramani Ghatam. 30-Nov-19 Saturday, 4.30-6.20pm

Kalyanapuram Aravind Vocal, R Raghul Violin, Kallidaikuruchi Sivakumar Mridangam, Papanasam Sethuraman Kanjira. 6.30-8.45pm, Akkarai Sisters Vocal, B U Ganesh Prasad Violin, Sai Giridhar Mridangam, S Krishna Ghatam.

For further details kindly contact Mr. A. S. Ramakrishnan at 9381007317. Free Programmes at Arkay Convention Center, OMS LAKSHANA, 146, RH Road, LUZ, Mylapore.

[s.shivpprasadh@gmail.com](mailto:s.shivpprasadh@gmail.com)

## SKS NEXT WEEK PROGRAMMES

Sri Krishna Sweets in association with Bharatiya Vidya Bhavan, YACD Gopalapuram, Sri Thyaga Brahma Gana Sabha, Dr Mu Va Thirukkural Narpani Sangam, Thiru. Vi. Ka. Pechu Payilarangam & VISWAS present the following programmes. 26.11.19

Sri Krishna Sweets jointly with Sri Thyaga Brahma Gana Sabha presents 'Mahaperiyava Saranam'. Talk on Mahaperiyava by Dr T S Prema in Vani Mahal, T Nagar at 06.30 pm 28.11.19

Sri Krishna Sweets jointly with Thiru Vi Ka Pechu Payilarangam, Dr Mu Va Thirukkural Narpani Sangam and Bharatiya Vidya Bhavan presents 'Kuralondriuka Kuraiondrumillai'. Talk by Dr. K. Mohanarasu in Bharatiya Vidya Bhavan

at 6.30 pm 30.11.19

Sri Krishna Sweets jointly with Shirdi Sri Sairam Prathana Maiyam and YACD, Gopalapuram presents 'Sairam Sairam'. Bhajans by Sri Narayanan Bhagavathar and Sri Subramaniam Bhagavathar in Sri Kubera Sai Baba Temple, Saligramam at 7 pm.

Sri Krishna Sweets jointly with Thiru Vi Ka Pechu Payilarangam organise an open stage in various parks for public debate and with CGVSM & VISWAS organise 'Narayana Seva' chanting of Vishnu Sahasranamam at different venues. For Park related programmes contact Dr. Damodaran 94449 57417 and 'Narayana Seva' contact Sri. T.J. Sridhar 97909 25804.

## In Fond Memory of V. Narayana Iyer

On the eve of 30th anniversary & 109th year of Sri V. Narayana Iyer (a doyen of Madurai Bar) in its continuing endeavour to give for mankind and our society "A sense of direction" through spiritual values, Conferred 'VACHASPATHI' title on Dr M.A. Venkata Krishna Swamy, V. Narayana Iyer's Award of 'LIFE TIME ACHIEVEMENT' to Harikatha Vachaspati - Sri Kalyanapuram R. Aaravamudachariar,



Sri G. SRI G.K. SUBRAMANIYA IYER AWARD - NADA SRI TO Smt Nithyasree Mahadevan, SMT SANKARI NARAYANAN AWARD - NRITYA SRI TO Smt Chitra Viswesvaran, SMT JANAKI

V A I D Y A N A T H A N AWARD - VIDYA SRI TO Sri Vaidyanathan FCA, SMT THANKAM KRISHNAN MEMORIAL AWARD - NATAKASRI TO Sri Kathadi Ramamurthy, SMT LAKSHMI AMMAL AWARD - KALA SEVA SRI

TO Sri S. Ravichandran PROFESSIONAL EXCELLENCE AWARDS To Sri S B Khanthan, Sri S. Ramanujam, Sri Bala Gurunathan, Sri P B Shrirangachari, Mrs Lavanya Venugopal. Justice Sri Jagadeesan Retired Madras High Court Judicature Presided, Sri R. Nataraj MLA & Retired DGP-Eulogised, Sri G S Arumukham Retired District Judge-Enriched concluded Shri N. Vishwanath, Chairman.

[s.shivpprasadh@gmail.com](mailto:s.shivpprasadh@gmail.com)



## JOTHI MADHAR SANGAM ANNIVERSARY CELEBRATIONS



The members of Jothi Madhar Sangam (Burkit Road, T. Nagar), during their 43rd anniversary celebrations provided Rs.50,000 worth educational assistances to the needy students, marriage assistances for brides and necessary materials to deprived women. The celebration was held at Geetham

### 'Thiruvasagam muttruvodhal' by Nirmala Ravi

Nirmala Ravi (resident of West Mambalam) will be perform 'Thiruvasagam muttruvodhal' in a program organised by Appar Arutpani Mandram from 8.30 a.m. to 2 p.m. today at Arulmigu Karneeswar Temple, Saidapet. All are welcome. For more details contact 99417 55111.

### WEEKLY DISCOURSE

Topic : "Bhagavad Gita" (In Tamil)

By : Swami Satyaprabhananda  
Date : 24.11.19  
Day : Sunday  
Time : 05.30 p.m  
Venue : Vivekananda Hall, Ramakrishna Mission Ashrama  
#3, M.S.Salai, T.Nagar.

cookery contest for women and awareness skits on environment, social values & day to day problems were conducted.

Vilaku poojai, samabandhi bojanam and chanting vishnu sahasranamam and lalitha sahasranamam are the specialities of the sangam. They also conduct gardening and handicrafts workshop for women. For more details contact 98411 58018.

Banquet hall, T. Nagar on November 16. Free dental and hearing screening camp was also organised during the occasion. Various competitions conducted for students,

## VELAMMAL STUDENTS CROWNED YOUNG SCIENTISTS

Students of Velammal Main School, Mogappair campus, Master Rudhayan K and Ranith Roshan EG of Std IX have been selected for the National Children Science Congress to be held at Trivandrum on 27th December 2019.

The students have made the state proud by emerging winners at the state level competition. They have scripted history by being the first to be selected in the



Thiruvallur District in 27 years. The students on their new remarkable discovery and

The management wished them success at the applauded and felicitated national level competition.

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your marriage,  
or anything else you do

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